

IT'S GOOD TO SHARE

WARM EDAMAME HUMMUS 12⁵⁰
edamame, asiago, roasted garlic & crispy wonton chips

 SPICY GARLIC SQUID 13²⁵
sweet chili sauce

LETTUCE WRAPS 13⁹⁵
butter lettuce cups, spicy pork and cashew stirfry with bell peppers & crispy noodles

SHRIMP GYOZA 12⁹⁵
sesame-soy sauce

GINGER BEEF 14²⁵
honey-ginger glaze

 CHICKEN WINGS 13⁵⁰
sriracha, 5-spice, salt & lemon pepper, chinese fire drill, sweet thai chili

CHILI EDAMAME 9⁹⁵
tossed with garlic chili oil

HOISIN RIB STACK 14⁷⁵
crispy glazed baby back mongolian bbq rib singles

WOK BROCCOLINI 9⁷⁵
cracked chillies, garlic and crispy shallots

YAM FRIES 8⁹⁵
sriracha aioli

BLACKENED PRAWN TACOS 14⁵⁰
shredded slaw, papaya salsa, sriracha aioli

WOK WITH STYLE

LEGENDARY TOKYO STREET NOODLES 18²⁵
spicy pork ramen with togarashi sesame broth, shiitake mushroom, basil & snow peas

NIGHT MARKET FRIED RICE 15⁹⁵
wok seared chicken, ham and egg fried rice, with shredded carrot & napa cabbage

MONGOLIAN BEEF NOODLES 18⁵⁰
thin egg noodles, marinated beef, bean sprouts, broccoli, cashews & bell peppers tossed in a black bean hoisin sauce

WOR WON TON 16²⁵
Pork wontons, chicken, poached prawns, shredded egg, mushroom & green onion in an aromatic asian broth

 SZECHUAN BEEF 18⁵⁰
lightly breaded beef strips, wok fired vegetables in a spicy sriracha ginger sauce with jasmine rice

 KUNG PAO PRAWNS OR CHICKEN 18⁹⁵
baby corn, water chestnuts, carrots, red & green peppers, broccoli, cashews, bean sprouts, kung pao sauce with jasmine rice

GREEN THAI CURRY PRAWNS OR CHICKEN 18⁷⁵
peppers & zucchini, green curry, papaya salsa with jasmine rice

ROCKFORD
wok | bar | grill

FRESH OUTLOOK

CUP OF SOUP 8²⁵
your choice of  thai butternut squash or wonton soup

CAESAR SALAD 11⁹⁵
baby kale, romaine, creamy roasted garlic dressing

ROCKFORD GREENS 10⁹⁵
feta, grape tomatoes, napa cabbage, edamame in a sundried tomato vinaigrette

BLACKENED CHICKEN SALAD 17⁹⁵
fresh greens, avocado, dates, crispy tortilla strips, grape tomatoes, corn, edamame, feta cheese, tossed in honey-lime vinaigrette

BIG BOWL CHICKEN SALAD 17⁹⁵
cashew crusted chicken, carrots, peppers, snow peas, broccolini, chilled & crispy noodles, mesclun greens, cilantro

substitute salmon 2⁰⁰ | add chicken 5⁰⁰

HAND HELD HAPPINESS

served with your choice of napa slaw, rockford greens, caesar salad, fries or substitute yam fries or soup 2⁰⁰ | add fresh avocado 1⁵⁰

ROCKFORD CLASSIC HAND PRESSED BURGER 16⁵⁰
add cheese/bacon/mushrooms/sautéed onions 1²⁵ each

KUNG FU BURGER 17⁵⁰
sweet soy bacon, fried egg, kimchi, sriracha aioli, butter leaf lettuce

VEGGIE BURGER 15⁹⁵
sriracha mayo, caramelized onions

CHICKEN QUESADILLA 16²⁵
pulled chicken, roasted vegetables with sour cream & salsa

CRISPY CHICKEN SANDWICH 16⁷⁵
your choice of crispy almond coated or grilled chicken, mayo, cheddar, napa slaw

CHICKEN VIET SUB 16²⁵
pulled lemongrass chicken, sriracha aioli, pickled vegetables & fresh herbs on a crusty french baguette

STEAK SANDWICH 18⁹⁵
served on a toasted garlic baguette with a crispy onion "hay stack"

MAIN FOCUS substitute wok broccolini 2⁰⁰

LEMONGRASS CHICKEN 22⁹⁵
chicken skewers with house made teriyaki sauce, papaya salsa, coconut rice, fresh market vegetables

MISO GLAZED SALMON 26⁹⁵
marinated salmon filet, ginger stir-fried vegetables, jasmine rice, toasted sesame seeds

MONGOLIAN HOISIN RIBS FULL 29⁹⁵ 1/2 RACK 23⁹⁵
our signature hoisin bbq sauce, napa slaw, fries

TOP SIRLOIN STEAK 25²⁵ (CAB®)
creamy mashed potatoes, fresh market vegetables

TOP SIRLOIN & PRAWNS 30²⁵ (CAB®)
top sirloin, skewer of grilled prawns, creamy mashed potatoes, fresh market vegetables

NEW YORK STEAK 31⁹⁵
roasted potatoes, fresh market vegetables

NEW YORK PEPPERCORN STEAK 33⁹⁵
roasted potatoes, fresh market vegetables

SWEET SIDE

ROCKSLIDE 7⁵⁰
vanilla bean ice cream, gingersnap, chocolate sauce, strawberries & kiwi

BANANA CARAMEL XANGO ('CHANGO') 8⁹⁵
creamy cheesecake filling, chunks of banana wrapped in light pastry and rolled in cinnamon sugar + vanilla bean ice cream

CHOCOLATE ESPRESSO MOUSSE 7⁹⁵
house-made, rich dark chocolate mousse with espresso - gluten friendly

SERVING CAGE-FREE EGGS

BIG BREAKFAST 17⁵⁰
three eggs, crispy bacon, sausage, breakfast potatoes & marble rye or sourdough toast

ROCKFORD TRADITIONAL 16⁵⁰
two eggs with your choice of crispy bacon or sausage, breakfast potatoes & marble rye or sourdough toast

PANCAKE STACK 13⁷⁵
served with maple syrup & fruit

CLASSIC BENEDICT 15²⁵
shaved ham on whole wheat english muffins, poached eggs and hollandaise with breakfast potatoes

MEDITERRANEAN BENEDICT 15²⁵
wilted arugula, crumbled feta, fresh tomato and avocado on whole wheat english muffins, topped with poached eggs and hollandaise with breakfast potatoes

HAM & CHEDDAR OMELETTE 14⁹⁵
served with breakfast potatoes, marble rye or sourdough toast

VEGGIE OMELETTE 15⁵⁰
mushrooms, peppers and green onion with feta cheese, topped with spicy hollandaise

LITE BREAKFAST 12²⁵
one egg any style, two strips of crispy bacon, breakfast potatoes & marble rye or sourdough toast

YOGURT CRUNCH 10⁹⁵
vanilla yogurt, fresh fruit and berries with almond granola

FRUIT BOWL 9⁹⁵
mixed fresh fruit and berries

HOT OATMEAL 8⁵⁰
brown sugar drizzle with almonds and dates

TOASTED MULTIGRAIN BAGEL 4⁹⁵
with cream cheese and strawberry jam

substitute egg whites in your omelette 1⁹⁵
substitute fresh fruit for breakfast potatoes 1⁹⁵
add fresh fruit 4⁹⁵
add fresh avocado 1⁵⁰

JUICE 3⁹⁵
orange, grapefruit, pineapple

MIMOSA 6⁵⁰
sparkling wine and orange juice

BAILEYS & COFFEE 7⁵⁰

KIDS' MENU 

junior menu items all available for 9⁹⁵ includes unlimited drinks & dessert for children under 12

KIDS BREAKFAST
one egg any style, one strip of crispy bacon, breakfast potatoes & marble rye or sourdough toast
*Served during breakfast hours only

CHICKEN STRIPS & FRIES
honey-mustard dipping sauce

ROCKFORD BURGER
served with your choice of fries or green salad
add cheddar cheese or bacon 1²⁵

GRILLED CHEESE
sourdough toast, cheddar cheese, lightly griddled and served with fries

QUESADILLA
pulled chicken, shredded cheese with sour cream & salsa. Served with your choice of fries or green salad

WONTON SOUP 6⁹⁵

