

IT'S GOOD TO SHARE

SPICY GARLIC SQUID 12⁹⁵

sweet chili sauce

WARM EDAMAME HUMMUS 11⁷⁵
edamame, asiago, roasted garlic & crispy wonton chips

LETTUCE WRAPS 13⁵⁰
butter lettuce cups, spicy pork and cashew stirfry with bell peppers & crispy noodles

SHRIMP GYOZA 12⁵⁰
sesame-soy sauce

GINGER BEEF 12⁹⁵
honey-ginger glaze

CHICKEN WINGS 12⁷⁵
sriracha, 5-spice, salt & lemon pepper, chinese fire drill, sweet thai chili

CHILI EDAMAME 8⁹⁵
tossed with garlic chili oil

HOISIN RIB STACK 13⁹⁵
crispy glazed baby back mongolian bbq rib singles

WOK BROCCOLINI 8²⁵
cracked chilies, garlic and crispy shallots

YAM FRIES 9²⁵
sriracha aioli

BLACKENED PRAWN TACOS 13⁵⁰
shredded slaw, papaya salsa, sriracha aioli

FRESH OUTLOOK

CUP OF SOUP 7²⁵

your choice of wonton soup or feature soup

CAESAR SALAD 10⁹⁵

romaine, creamy roasted garlic dressing

ROCKFORD GREENS 10⁵⁰

feta, grape tomatoes, napa cabbage, edamame in a sundried tomato vinaigrette

BLACKENED CHICKEN SALAD 16⁹⁵

fresh greens, avocado, black beans, crispy tortilla strips, grape tomatoes, shredded daikon, feta cheese, asian citrus vinaigrette

ASIAN CHICKEN NOODLE SALAD 16²⁵

cashew crusted chicken, carrots, peppers, snow peas, broccolini, chilled & crispy noodles, mesclun greens, cilantro

add salmon or chicken 4⁹⁵

HAND HELD HAPPINESS

served with your choice of napa slaw, rockford greens, caesar salad, fries

substitute yam fries 2⁵⁰ | substitute soup 2 | add fresh avocado 2

ROCKFORD CLASSIC HAND PRESSED BURGER 14⁷⁵

add cheese/bacon/mushrooms 1⁵⁰ each

KUNG FU BURGER 16⁵⁰

sweet soy bacon, fried egg, kimchi, sriracha aioli, butter leaf lettuce

VEGGIE BURGER 14⁵⁰
sriracha aioli, caramelized onions

CHICKEN QUESADILLA 14⁵⁰

fresh vegetables, black beans, shredded cheddar, sour cream & salsa

CRISPY CHICKEN SANDWICH 15⁷⁵

crispy almond coated chicken, mayo, cheddar, napa slaw

ROASTED CHICKEN SANDWICH 13⁹⁵

pulled lemongrass chicken, sriracha aioli, pickled vegetables & fresh herbs on a crusty french baguette

SOUP, SALAD & 1/2 SANDWICH COMBO 14⁹⁵

either one of our soups, rockford greens or caesar salad & 1/2 roasted chicken sandwich

STEAK SANDWICH 18⁵⁰

served on a toasted garlic baguette with a crispy onion "hay stack"

MAIN FOCUS

substitute wok broccolini 2 | add ginger buttered naan 3⁹⁵

LEMONGRASS CHICKEN 21⁹⁵

grilled chicken skewers with house made teriyaki sauce, papaya salsa, coconut rice, fresh market vegetables

MISO GLAZED SALMON 24⁹⁵

marinated salmon filet, wok stir-fried vegetables, ginger jasmine rice, toasted sesame seeds

MONGOLIAN HOISIN RIBS FULL 27⁹⁵ 1/2 RACK 21⁹⁵

our signature hoisin bbq sauce, napa slaw, fries

TOP SIRLOIN STEAK (CAB[®]) 23⁹⁵

creamy mashed potatoes, fresh market vegetables

TOP SIRLOIN & PRAWNS (CAB[®]) 29⁹⁵

top sirloin, skewer of grilled prawns, creamy mashed potatoes, fresh market vegetables

NEW YORK STEAK 30⁹⁵

roasted potatoes, fresh market vegetables

NEW YORK PEPPERCORN STEAK 31⁹⁵

roasted potatoes, fresh market vegetables

SWEET SIDE

WARM ESPRESSO BROWNIE 7⁷⁵

brownie infused with vietnamese iced coffee, served warm with vanilla bean ice cream

CHAI TEA CRÈME BRÛLÉE 6⁹⁵
chai tea scented custard

BANANA CARAMEL XANGO ('CHANGO') 8⁵⁰

creamy cheesecake filling, chunks of banana wrapped in light pastry and rolled in cinnamon sugar + vanilla bean ice cream

RISE AND SHINE



SERVING CAGE-FREE EGGS

BIG BREAKFAST 16⁹⁵

three eggs, crispy bacon, sausage, breakfast potatoes & marble rye or sourdough toast

ROCKFORD TRADITIONAL 15⁵⁰

two eggs with your choice of crispy bacon or sausage, breakfast potatoes & marble rye or sourdough toast

PANCAKE STACK 13

served with maple syrup

CLASSIC BENEDICT 14⁵⁰

shaved ham on whole wheat english muffins, poached eggs and hollandaise with breakfast potatoes

MEDITERRANEAN BENEDICT 14⁵⁰

wilted arugula, crumbled feta, fresh tomato and avocado on whole wheat english muffins, topped with poached eggs and hollandaise with breakfast potatoes

HAM & CHEDDAR OMELETTE 14⁷⁵

served with breakfast potatoes, marble rye or sourdough toast

VEGGIE OMELETTE 14⁵⁰

mushrooms, peppers and green onion with feta cheese, topped with spicy hollandaise

LITE BREAKFAST 10⁵⁰

one egg any style, two strips of crispy bacon, breakfast potatoes & marble rye or sourdough toast

YOGURT CRUNCH 9⁹⁵

vanilla yogurt, fresh fruit and berries with almond granola

FRUIT BOWL 8⁹⁵

mixed fresh fruit and berries

HOT OATMEAL 7⁹⁵

brown sugar drizzle with almonds

TOASTED MULTIGRAIN BAGEL 4⁹⁵

with cream cheese and strawberry jam

substitute egg whites in your omelette 1⁹⁵

substitute fresh fruit for breakfast potatoes 1⁹⁵

add fresh fruit 4⁹⁵

add fresh avocado 2

JUICE 3⁹⁵

orange, grapefruit, pineapple

MIMOSA 6⁵⁰

sparkling wine and orange juice

BAILEYS & COFFEE 7⁵⁰

R O C K F O R D
wok | bar | grill

Monday - Friday from 6am till 11am | Saturday & Sunday from 7am till 2pm

Not all ingredients are listed, please advise your server about food sensitivities & ensure you speak to a manager regarding severe allergies

KIDS' MENU

junior menu items all available for 9⁹⁵ includes
unlimited drinks & dessert for children under 12

KIDS BREAKFAST

one egg any style, one strip of crispy bacon,
breakfast potatoes & marble rye or sourdough toast
*served during breakfast hours only

CHICKEN STRIPS & FRIES

plum sauce

ROCKFORD BURGER

served with your choice of fries or rockford greens
add cheddar cheese or bacon 1⁵⁰

GRILLED CHEESE

sourdough toast, cheddar cheese, lightly griddled
and served with fries

QUESADILLA

chicken with shredded cheese, sour cream & salsa,
served with your choice of fries or rockford greens

CUP OF SOUP 7²⁵

your choice of wonton soup or feature soup

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