

BREAKFAST SERVED DAILY UNTIL 11 AM

ROCKFORD TRADITIONAL 19⁹⁵
two eggs, choice of crispy bacon or sausage,
breakfast potatoes, sourdough

AVOCADO TOAST 19⁹⁵
sunny-side egg, avocado, arugula, toasted focaccia,
breakfast potatoes (V)

EGGS BENNY 19⁹⁵
soft poached eggs, ham, toasted focaccia,
hollandaise, breakfast potatoes

BELGIAN WAFFLE 18²⁵
belgian waffle topped with berry compote, whipped cream,
maple syrup (V)

CHICKEN & WAFFLE 22⁹⁵
house-made fried chicken, waffle, sunny side up egg,
chipotle aioli, maple syrup

BREAKFAST POUTINE 17⁹⁵
sunny-side egg, bacon, cheese curds, breakfast potatoes,
hollandaise

BREAKFAST POWER BOWL 19⁹⁵
sunny-side egg, quinoa, cherry tomatoes, butternut squash,
onion, avocado, toasted focaccia (V) (GC)

PARFAIT 9⁹⁵
vanilla yogurt, berry compote, granola (V)

KIDS BREAKFAST 14⁷⁵
scrambled eggs, bacon or sausage, sourdough,
breakfast potatoes

SOUP, SALADS & BOWLS

THAI CHICKEN SOUP 14⁷⁵
spicy and rich coconut broth, chicken, garlic bread

CAESAR SALAD 17⁹⁵
romaine, aged parmesan, garlic croutons, caesar dressing (GC)

TUNA POKE BOWL 26⁹⁵
marinated ahi tuna, couscous, pineapple salsa, mixed greens,
pickled onions, radish, avocado

NORTH BOWL 21⁷⁵
quinoa, mixed greens, butternut squash, cherry tomatoes,
avocado, feta, pickled onions, citrus vinaigrette (V) (GC)

MEDITERRANEAN BOWL 21⁷⁵
cauliflower rice, iceberg, roasted potatoes, falafel, feta,
lemon pepper chickpeas, pickled onions, kalamata olives,
cucumbers, lemon tahini dressing, cherry tomatoes (V) (GC)

add blackened or grilled chicken 6⁵⁰
add 6 oz grilled salmon 12 | add bacon 2
add crispy tofu or crispy blackened tofu (V) (GC) 6

KIDS MENU

for kids under 10. all kids meals include a choice of
juice or pop and vanilla ice cream

WINNER WINNER CHICKEN DINNER 16⁹⁵
grilled chicken breast, served with choice of fries,
carrot sticks, or mixed greens (GC)

KIDS' BURGER 14⁹⁵
certified angus beef® smashed patty, american cheese,
toasted potato roll, ketchup, served with choice of fries,
carrot sticks, or mixed greens

CHICKEN FINGERS 14⁹⁵
served with choice of fries, carrot sticks, or mixed greens

GRILLED CHEESE 14⁹⁵
served with choice of fries, carrot sticks, or mixed greens (V)

GNOCCHI 14⁹⁵
crispy potato dumplings, garlic butter, aged parmesan,
garlic bread

Parties of 8 or more are subject to an 18% automatic gratuity.

APPETIZERS

CALAMARI 19⁵⁰
red pepper, dill, jalapeños, grilled lemon,
chipotle aioli (GC)

SHRIMP GYOZA 18⁹⁵
house-made citrus ponzu

CHICKEN WINGS 19⁷⁵
salt & pepper, sweet thai chili, bbq or hot

POUTINE 14⁹⁵ | **XL POUTINE** 17⁹⁵
beef gravy, cheese curds
add bacon 2 | add blackened chicken 6⁵⁰

YAM FRIES 13⁹⁵
garlic aioli (V)

TRUFFLE FRIES 14⁷⁵
black truffle oil, aged parmesan, parsley (V) (GC)

CRISPY CAULIFLOWER 16⁹⁵
seasoned, battered cauliflower bites, sweet & spicy chili
sauce (V)

TUNA STACK 19⁹⁵
ahi tuna, pineapple salsa, avocado, ponzu marinade,
cilantro, wonton crisps

AVOCADO BRUSCHETTA 18⁷⁵
fresh tomato, basil, balsamic, feta, red onion, grilled
flatbread (V) (GC)

NACHOS 25⁹⁵
monterey jack, red peppers, fresh jalapeños, pickled
onions, green onions, salsa, sour cream (V) (GC)
add blackened chicken 6⁵⁰ | add beef 5⁵⁰
add guacamole 4⁵⁰

FAVOURITES

all burgers and sandwiches are served with fries
sub salad 2 | sub soup or yam fries 3
sub poutine or truffle fries 5 | sub gluten free bun 3

add bacon, mushrooms, cheese or, caramelized onions 2⁵⁰
add avocado 3

CRISPY CHICKEN BURGER 23⁷⁵
house-made crispy chicken breast, smoked cheddar,
pickles, tomato, slaw | make it spicy add 1

GRILLED CHICKEN & BACON WRAP 23⁷⁵
spicy chicken breast, monterey jack, lettuce, pickled
onions, tomato, bacon, ranch, hot sauce, flour tortilla

OUTPOST BURGER 23⁷⁵
certified angus beef®, double smash patty, american
cheese, lettuce, tomato, secret sauce, toasted potato roll

TRUFFLE SHUFFLE BURGER 26⁷⁵
certified angus beef®, double smash patty, bacon, swiss,
truffle infused mushrooms, arugula, garlic aioli, toasted
potato roll

BEYOND MEAT™ BURGER 23⁷⁵
plant based patty, lettuce, tomato, secret sauce,
toasted potato roll (V)

½ LB FRENCH DIP 24⁷⁵
certified angus beef®, caramelized onions, horseradish
aioli, toasted garlic buttered baguette with house-made
au jus

SEARED PORK RAMEN 25⁷⁵
seared pork belly, red miso broth, marinated sous vide egg,
marinated shiitake mushrooms, green onions

STEAK FRITES 32⁹⁵
7 oz certified angus beef® sirloin with fries

V - Vegetarian Option

(GC) Gluten conscious with some modifications from our
kitchen, please advise your server about food allergies.

ROCKFORD
bar | grill

WINE

175ml | 250ml | 750ml

BUBBLES

RUFFINO prosecco, Italy	12	-	50
STELLER'S JAY sparkling rosé, Okanagan VQA	-	-	59
DRAPPIER BRUT champagne, France	-	-	130
VEUVE CLICQUOT BRUT champagne, France	-	-	165

WHITE

175ml | 250ml | 750ml

ROCKFORD WHITE Canada	9 ⁵⁰	13 ²⁵	38 ⁷⁵
R&D sauvignon blanc sémillon, Okanagan VQA	12 ⁵⁰	18 ²⁵	53
SAINTLY rosé, Canada VQA	12 ⁵⁰	18 ²⁵	53
SEE YA LATER RANCH pinot gris, Okanagan VQA	12 ⁵⁰	18 ²⁵	53
INNISKILLIN chardonnay, Okanagan VQA	13	19	55
NK'MIP QwAM QwMT chardonnay, Okanagan VQA	-	-	65

RED

175ml | 250ml | 750ml

ROCKFORD RED Canada	9 ⁵⁰	13 ²⁵	38 ⁷⁵
INNISKILLIN pinot noir, Okanagan VQA	12 ⁵⁰	18 ²⁵	53
NK'MIP QwAM QwMT pinot noir, Okanagan VQA	-	-	68
SUMAC RIDGE merlot, Okanagan VQA	12 ⁵⁰	18 ²⁵	53
MOON CURSER BORDER VINES Cab/Malbec/Carmenere, Okanagan VQA	-	-	66
DOÑA PAULA malbec, Argentina	12 ⁵⁰	18 ²⁵	53
LAUGHING STOCK "PORTFOLIO" meritage, Okanagan	-	-	95
TOM GORE cabernet sauvignon, California	13 ⁵⁰	19 ⁵⁰	57
BLACK SAGE cabernet sauvignon, Okanagan VQA	16	22	65
THE PRISONER "UNSHACKLED" cabernet sauvignon, California	-	-	80
CORCELETES TALUS cabernet sauvignon, Okanagan	-	-	125
CLIFF LEDE cabernet sauvignon, Stags Leap	-	-	190
RUFFINO RISERVA GRAN SELEZIONE chianti, Italy	-	-	100
MONDAVI "TO KALON VINEYARD" RESERVE cabernet sauvignon, Napa	-	-	270
ANTINORI PIAN DELLE VIGNE brunello di montalcino, Italy, (3L)	-	-	1000

WARM FUZZIES

10z

BAILEYS COFFEE 10 ⁷⁵ baileys coffee and whipped cream
IRISH COFFEE 10 ⁷⁵ jameson irish whiskey, coffee and whipped cream
SALTED CARAMEL HOT CHOCOLATE 10 ⁷⁵ salted caramel baileys, hot chocolate, whipped cream and caramel sauce
MULLED RED WINE 12 ⁹⁵ house-made with BC red wine, cinnamon, cloves and star anise

NON-ALCOHOLIC

SMART WATER 6
RED BULL 6 original, sugarfree
PASSION FRUIT SODA 6 ⁹⁵
POMEGRANATE HIBISCUS 6 ⁹⁵ pomegranate juice, hibiscus tea, fresh lime & soda
GREEN TEA LEMONADE 6 ⁹⁵ green tea simple syrup, fresh lemon juice

BEER & CIDER

DRAFT \$9⁵⁰ 16 oz | add \$2.25 to make it 22 oz

STOKED LAGER , Vancouver 8 ⁹⁵
MT. BEGBIE TALL TIMBER BROWN ALE , Revelstoke
MT. BEGBIE HIGH COUNTRY KÖLSCH , Revelstoke
GRANVILLE KITSILANO JUICY IPA , Vancouver
STANLEY PARK HAZY PALE ALE , Vancouver
SEARCH & RESCUE AMBER ALE , Vancouver
GRANVILLE SEASONAL , Vancouver
BLUE MOON BELGIAN WHEAT ALE , Canada
STRONGBOW CIDER , United Kingdom
FEATURE DRAFT

BOTTLES & CANS (330ml-500ml)

KOOTENAY MOUNTAIN ALE , Creston 8 ⁷⁵
COORS LIGHT LAGER , Canada 8 ⁷⁵
MOLSON CANADIAN LAGER , Canada 8 ⁷⁵
CORONA LAGER , Mexico 9 ⁵⁰
GUINNESS STOUT , Ireland 10 ⁹⁵
WHISTLER FORAGER LAGER , Whistler, gluten-free 9 ⁹⁵
ROCK CREEK CIDER , BC 9 ⁷⁵
STANLEY PARK PEACH WHEAT ALE , Vancouver, non-alcoholic 7 ⁹⁵
HEINEKEN 0.0 PALE LAGER , Holland, non-alcoholic 7 ⁹⁵

COCKTAILS

NEGRONI SBAGLIATO 13 ⁹⁵ campari, red vermouth, prosecco 2oz
APEROL SPRITZ 12 ⁹⁵ prosecco, aperol, fresh orange 2oz
WHISKY SOUR 13 ⁹⁵ canadian whiskey, egg whites, fresh lemon, house-made bitters 2oz
PINEAPPLE HABANERO MARGARITA 12 ⁹⁵ 100% agave tequila, triple sec, pineapple, lime juice, habanero 2oz
SOUL TRAIN 12 ⁹⁵ reposado tequila, grapefruit, lime juice, cardamom syrup 2oz
POMEGRANATE HIBISCUS COSMO 13 ⁹⁵ ketel one vodka, cointreau, pomegranate, hibiscus tea, fresh lime 2oz
MONASHEE AVIATION 12 ⁹⁵ locally made monashee gin, fresh lemon, maraschino, crème de violette 2oz
FANCY PANTS CAESAR 11 ⁹⁵ pepperoncini, olive, pepperoni stick, horseradish, pickle juice, rimmed with house-made salt 1oz
MOSCOW MULE 12 ⁹⁵ ketel one, ginger beer, fresh lime 2oz
PAPER PLANE 14 ⁷⁵ bulleit bourbon, amaro montenegro, aperol, fresh lemon 2oz
OLD FASHIONED 15 ⁵⁰ lot 40 rye, bulleit bourbon, house-made bitters, local preserved cherries, barrel aged 2oz
ESPRESSO MARTINI 13 ⁹⁵ ketel one vodka, amaro montenegro, espresso 2oz
SHAFT 10 ⁵⁰ cold brew coffee, vodka, kahlúa, baileys 1.5oz
PASSION FRUIT MIMOSA 10 ⁷⁵ sparkling wine, passion fruit 1oz

APRÈS

2 PM – 5 PM DAILY

SHAFT 10z 8²⁵

POUTINE 9⁷⁵